# Shirin Begum<sup>1</sup>, Md Abubakar Siddique Akash<sup>2</sup>, Md Sanjid Khan<sup>3</sup>, Minhazur Rahman Bhuiyan<sup>4</sup>

<sup>1</sup>Master in Engineering Management, Department of Industrial Engineering, Lamar University, Texas, USA

*Email: <u>sbegum@lamar.edu</u>* <u>https://orcid.org/0009-0004-9417-0242</u>

<sup>2</sup>Master in Industrial Engineering, Department of Industrial Engineering, Lamar University, Texas, USA

*Email: <u>makash3@lamar.edu</u>* <u>https://orcid.org/0009-0005-8854-5500</u>

<sup>3</sup>Master in Engineering Management, Department of Industrial Engineering, Lamar University, Texas, USA

*Email: <u>mkhan48@lamar.edu</u>* <u>https://orcid.org/0009-0006-5264-0490</u>

<sup>4</sup>Master in Industrial Engineering, Department of Industrial Engineering, Lamar University, Texas, USA

*Email: <u>mbhuiyan3@lamar.edu</u>* <u>https://orcid.org/0009-0006-4874-6399</u>

#### Keywords

### ABSTRACT

Lean manufacturing This study investigates the implementation of lean manufacturing in the textile industry, focusing on its potential to enhance efficiency, Textile industry reduce waste, and improve product quality. Lean manufacturing principles, including Just-In-Time (JIT) production, Kanban systems, Efficiency value stream mapping, 5S workplace organization, and continuous improvement (Kaizen), have been widely recognized for their Waste reduction effectiveness in various manufacturing sectors. However, their application in the textile industry remains underexplored. Through a Productivity systematic literature review of 60 review papers and empirical Quality Improvement analysis involving case studies, interviews, and surveys with industry experts, managers, and workers, this research identifies the *Sustainability* significant benefits of lean practices in textile manufacturing. The findings reveal substantial efficiency gains, waste reduction, and Implementation Framework quality improvements among companies adopting lean principles. Nevertheless, the study also highlights several industry-specific challenges, such as high variability in raw materials, complex production processes, and market pressures from fast fashion. These **Received:** 08, May, 2024 challenges necessitate tailored approaches and effective change Accepted: 13, July, 2024 management strategies for successful lean integration. Additionally, the research emphasizes the need for investment in advanced Published: 15, July, 2024 technologies and flexible manufacturing systems to enhance responsiveness to market changes. The study concludes that despite the challenges, lean manufacturing offers valuable strategies for textile companies aiming to improve their competitiveness and sustainability in the global market. This research contributes to the growing body of knowledge on lean manufacturing and provides practical insights for textile manufacturers seeking to adopt and optimize lean practices.

## **1** Introduction

Lean manufacturing is a systematic approach focused on minimizing waste and maximizing value within production processes. Originating from the Toyota Production System, lean principles have been widely adopted across various industries to enhance operational efficiency and competitiveness (Tapia-Cavetano et al., 2020). The core concept of lean manufacturing revolves around the continuous pursuit eliminating non-value-adding activities of and optimizing resource utilization. This methodology has proven effective in diverse sectors, including automotive, aerospace, and electronics, resulting in significant improvements in productivity and quality (Corbett, 2011). In lean manufacturing, waste is defined broadly to include any activity that consumes resources without creating value for the end customer. This encompasses overproduction. waiting times. unnecessary transportation, excess inventory, unnecessary motion, defects, and the underutilization of employee skills (Abbes et al., 2022). The successful application of lean principles necessitates a cultural shift within the organization, where continuous improvement and respect for people are prioritized. This cultural shift is supported by various lean tools and techniques, such as Just-In-Time (JIT) production, Kanban systems, value stream mapping, and 5S workplace organization. Collectively, these elements form a cohesive system aimed at achieving operational excellence (Orji & U-Dominic, 2022). The emphasis on a lean culture also involves engaging employees at all levels, empowering them to identify and solve problems, and fostering a collaborative environment where continuous learning and adaptation are encouraged.

Lean manufacturing's focus on waste reduction extends to several key areas (Zamora-Gonzales et al., 2021). Overproduction, the first type of waste, occurs when

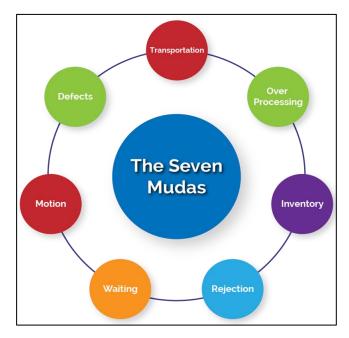
#### Doi: 10.62304/ijse.v1i04.181

**Correspondence:** *Shirin Begum Master in Engineering Management, Department of Industrial Engineering, Lamar University, Texas, USA* 

e-mail: <u>sbegum@lamar.edu</u>

more products are produced than are needed, leading to excess inventory that consumes space and resources without generating value (Bhat et al., 2022). Waiting times, another significant waste, happen when materials, information, or people are idle between

#### Figure 1: Fundamentals of Lean Manufacturing



process steps, causing delays and inefficiencies. Unnecessary transportation involves the excessive movement of materials or products, which can increase the risk of damage and incur additional costs. Excess inventory not only ties up capital but also requires additional storage space and management efforts, potentially leading to obsolescence or spoilage (Kumar et al., 2019). Unnecessary motion refers to any excessive movement by workers that does not add value, such as reaching, bending, or walking long distances. Defects represent the waste of producing flawed products that require rework or scrapping, which consumes time and resources while failing to meet customer expectations. Finally, the underutilization of employee skills highlights the failure to fully leverage the knowledge, experience, and creativity of the workforce, which can hinder innovation and continuous improvement efforts (Corbett, 2011).

Despite the proven benefits of lean manufacturing, its application within the textile industry remains relatively underexplored. The textile sector is characterized by unique challenges such as high variability in raw materials, complex production processes, and the pressure to meet rapidly changing market demands (Abbes et al., 2022). These challenges necessitate a tailored approach to lean implementation, one that addresses the specific needs and constraints of textile manufacturing. In the textile industry, production processes often involve multiple stages, including spinning, weaving, dyeing, and finishing, each with its own set of complexities and potential sources of waste. Additionally, the industry faces significant variability in raw material quality, particularly in natural fibers like cotton and wool, which can affect the consistency and efficiency of production processes. Market pressures for fast fashion add another layer of complexity, as textile manufacturers must be able to quickly respond to changing consumer demands and trends. This requires a high degree of flexibility and agility in production processes, which can be challenging to achieve within the traditional mass production framework (Elboq et al., 2021).

The textile industry's intricate supply chain further complicates the adoption of lean manufacturing principles. From raw material sourcing to final product delivery, each stage of the textile supply chain involves multiple stakeholders, including farmers, suppliers, manufacturers, and retailers. The variability in raw material quality, particularly in natural fibers like cotton and wool, poses significant challenges for maintaining consistent production processes (Arica-Hernandez et al., 2022). For instance, variations in fiber length, strength, and moisture content can impact spinning efficiency and yarn quality, necessitating frequent adjustments and monitoring. Additionally, the dyeing and finishing processes in textile manufacturing are highly sensitive to variations in fabric composition and processing conditions. Achieving uniform color and finish across large production batches requires precise control and coordination, which can be hindered by inconsistencies in raw materials. Lean manufacturing's emphasis on standardization and waste reduction can help address these challenges by promoting consistent quality control measures and process optimization (Elboq et al., 2021).

Market pressures for fast fashion further underscore the need for lean manufacturing in the textile industry. Fast fashion demands quick turnaround times, with new

designs and collections being introduced to the market at an unprecedented pace (Ruiz et al., 2019). This necessitates a high degree of flexibility and agility in production processes, allowing manufacturers to rapidly adjust to changing consumer preferences and market trends. According to Canales-Jeri et al. (2022), traditional mass production frameworks, characterized by long lead times and large batch sizes, are often illsuited to meet the demands of fast fashion. Lean manufacturing principles, such as Just-In-Time (JIT) production and Kanban systems, can help textile manufacturers achieve the necessary agility by reducing lead times, minimizing excess inventory, and promoting a responsive and adaptable production system. By implementing lean practices, textile manufacturers can better align their production processes with market demands, enhancing their competitiveness in the fastpaced fashion industry (Suryoputro et al., 2017).

The primary objective of this research is to develop a comprehensive framework for the implementation of lean manufacturing principles tailored specifically to the textile industry. This framework aims to address the unique challenges faced by textile manufacturers, such as high variability in raw materials, complex production processes, and the need for rapid response to market demands. By systematically analyzing current lean practices, identifying key success factors, and proposing actionable strategies, the research seeks to provide textile manufacturers with practical guidelines for achieving operational excellence through lean methodologies. The significance of this study lies in its potential to bridge the gap in existing literature on lean manufacturing in the textile sector and offer tangible benefits to industry practitioners. Implementing lean principles can lead to significant improvements in efficiency, quality, and sustainability, thereby enhancing the competitiveness of textile manufacturers in the global market. Additionally, this research contributes to the broader field of operations management by demonstrating the adaptability of lean principles across diverse industries, ultimately promoting a culture of continuous improvement and innovation.

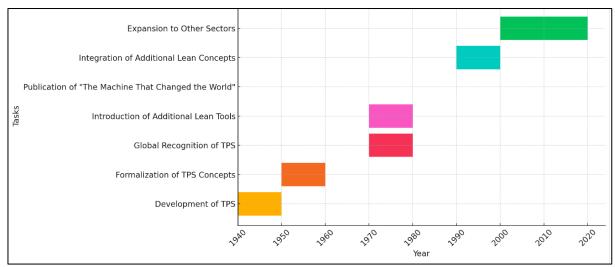
# 2 Literature Review:

The literature review covers the origins and evolution of lean manufacturing, its core principles, and its application across different industries. Studies highlighting the benefits of lean practices, such as waste reduction, improved quality, and enhanced productivity, are examined. The review also addresses the unique challenges faced by the textile industry, including variability in raw materials, complex production processes, and market pressures for fast fashion. Previous research on lean implementation in the textile sector is analyzed to identify gaps and opportunities for further investigation. This section concludes with a discussion on the critical success factors and potential barriers to lean adoption in textile manufacturing.

# 2.1 Origins and Evolution of Lean Manufacturing

The origins and evolution of lean manufacturing are deeply rooted in the historical development of the Toyota Production System (TPS), initiated by Taiichi Ohno and Eiji Toyoda in the 1940s and 1950s. This system emerged as a response to the inefficiencies observed in mass production techniques and aimed to optimize resource utilization by eliminating waste (Liker & Choi, 2004). During the 1950s and 1960s, key TPS concepts such as Just-In-Time (JIT) production, which focused on reducing inventory and producing only what was needed when it was needed, and jidoka, which emphasized stopping production when defects

were detected to prevent further waste, were formalized. These principles were pivotal in establishing a foundation for lean manufacturing. The 1970s and 1980s marked significant milestones in the global recognition of TPS, as Toyota's remarkable success and efficiency gains began to attract attention from Western manufacturers and researchers. This period also saw the introduction of additional lean tools and techniques, such as Kanban systems for inventory control and value stream mapping for process improvement. A major turning point came in 1990 with the publication of "The Machine That Changed the World" by Womack, Jones, and Roos, which extensively documented the effectiveness of TPS and coined the term "lean manufacturing" (Womack & Jones, 2008). This book highlighted five core principles of lean: specifying value from the customer's perspective, identifying the value stream, making value flow without interruptions, letting the customer pull value, and pursuing perfection. These principles laid the groundwork for the widespread adoption of lean practices across various industries. Throughout the 1990s and into the 2000s, lean manufacturing continued to evolve, integrating additional concepts such as 5S workplace organization, which focuses on maintaining a clean and efficient work environment, and continuous improvement (Kaizen), emphasizing ongoing incremental improvements. The lean philosophy, deeply rooted in respect for people and a relentless focus on value creation, became a cornerstone for operational excellence and competitive advantage (Liker & Choi, 2004). In the early 21st



### Figure 2: Timeline of the Origins and Evolution of Lean Manufacturing

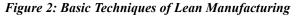
century, lean principles began to extend beyond manufacturing to sectors such as healthcare, services, and finance, demonstrating their broad applicability and enduring relevance. This timeline underscores the dynamic evolution of lean manufacturing from its origins in TPS to a globally recognized and widely applied methodology for achieving superior operational performance.

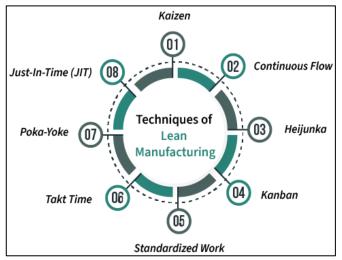
# 2.2 Core Concepts of Lean Manufacturing

Lean manufacturing is centered around the systematic elimination of waste and the optimization of resource utilization to maximize value within production processes. Waste in lean manufacturing is broadly defined to include any activity that consumes resources without adding value for the end customer. The seven types of waste identified in lean principles are overproduction, waiting times, unnecessary transportation, excess inventory, unnecessary motion, defects, and the underutilization of employee skills (Robertsone et al., 2021). Overproduction occurs when more products are produced than needed, leading to excess inventory that ties up capital and space. Waiting times refer to delays between process steps, causing inefficiencies and increasing lead times. Unnecessary transportation involves the excessive movement of materials or products, which can incur additional costs and risks of damage. Excess inventory, including raw materials, work-in-progress, and finished goods, represents tied-up capital and potential for obsolescence. Unnecessary motion pertains to nonvalue-adding movements by workers, such as reaching or walking long distances. Defects involve producing items that do not meet quality standards, necessitating rework or scrapping (Uluskan et al., 2016). Lastly, underutilization of employee skills highlights the failure to leverage the full potential of the workforce, which can stifle innovation and improvement efforts.

To address these wastes, lean manufacturing employs several key tools and techniques. Just-In-Time (JIT) production, a cornerstone of lean manufacturing, aims to reduce inventory levels and enhance flow by producing only what is needed, when it is needed (Nedra et al., 2022). JIT's origins lie in the Toyota Production System, where it was implemented to minimize waste and improve efficiency. Kanban systems, which complement JIT, use visual signals to control the flow of materials and ensure that production matches demand. These systems help in reducing overproduction and maintaining smooth operations (Ahmed et al., 2013). Value stream mapping is another essential lean tool that involves analyzing and designing the flow of materials and information required to bring a product to the customer. This technique helps in identifying and eliminating non-value-adding activities, thereby streamlining processes and improving efficiency (Singh et al., 2022).

The 5S workplace organization method, which stands for Sort, Set in order, Shine, Standardize, and Sustain, is focused on creating and maintaining an organized, clean, and efficient work environment. Each of these steps contributes to reducing waste and improving productivity: Sort involves removing unnecessary items, Set in order organizes the workspace for efficiency, Shine ensures cleanliness, Standardize establishes norms for maintaining organization, and Sustain promotes ongoing adherence to these standards (Prasad et al., 2020). Continuous improvement, or Kaizen, is a fundamental lean philosophy that encourages ongoing, incremental improvements in





processes. It involves all employees, from top management to shop floor workers, in identifying opportunities for improvement and implementing solutions. Successful Kaizen events, which are focused improvement activities, have been documented across various industries, showcasing significant gains in

productivity, quality, and employee engagement (Karthi et al., 2013). Collectively, these core concepts and tools form a cohesive framework that drives lean manufacturing's effectiveness in eliminating waste, optimizing processes, and enhancing overall operational performance.

# 2.3 Lean Manufacturing in Various Industries

Lean manufacturing has been successfully implemented across various industries, each adapting its principles to address sector-specific challenges and enhance operational efficiency. The automotive industry, where lean manufacturing originated with the Toyota Production System (TPS), provides a historical perspective on the evolution and implementation of lean principles. Key implementations in this sector include Just-In-Time (JIT) production and Kanban systems, which have significantly reduced inventory levels and improved production flow, leading to remarkable outcomes such as increased efficiency, reduced costs, and enhanced product quality (Liker & Choi, 2004). In the aerospace industry, the adaptation of lean principles has addressed the unique challenges of high complexity and stringent quality requirements. Companies like Boeing and Lockheed Martin have integrated lean tools such as value stream mapping and 5S workplace organization to streamline production processes, reduce lead times, and improve overall efficiency (Ahmed et al., 2013). The electronics industry, characterized by rapid technological advancements and short product life

cycles, has also embraced lean manufacturing. Here, the integration of lean with technology-driven processes has enabled companies like Intel and Dell to achieve greater flexibility, reduce waste, and enhance product through practices such as continuous quality improvement (Kaizen) and automated Kanban systems (Prasad et al., 2020). Detailed case studies from these industries showcase successful lean transformations. For instance, Toyota's implementation of JIT and Kanban systems not only revolutionized its production processes but also set new standards for the global automotive industry (Ahmed et al., 2013). Similarly, Boeing's lean initiatives, including the use of value stream mapping and 5S, have led to significant reductions in production time and costs, while maintaining high quality standards. In the electronics sector, Dell's adoption of lean principles has enabled it to maintain a highly responsive supply chain, reducing inventory levels and lead times while meeting rapidly changing customer demands (Singh et al., 2022).

These examples highlight the broad applicability and transformative potential of lean manufacturing across different industries, each adapting its principles to achieve operational excellence and competitive advantage.

### 2.4 The Textile Industry: An Overview

The textile industry is characterized by a complex structure encompassing various stages of production, each presenting unique processes and challenges. Key

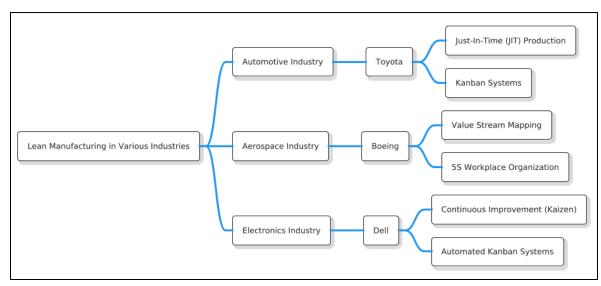


Figure 4: Lean Manufacturing in Various Industries

production processes include spinning, weaving, dyeing, and finishing. Spinning transforms raw fibers, such as cotton or synthetics, into yarn through carding, combing, and drawing to align and strengthen the fibers (Condeso Carrizales et al., 2022). Weaving interlaces these yarns into fabric using looms, requiring precision to maintain quality. Dyeing applies color uniformly to the fabric to avoid defects and ensure batch consistency, while finishing treatments enhance properties such as softness, durability, and water resistance for end-use applications (Uluskan et al., 2016). The industry's market dynamics are influenced by fast fashion trends, which demand rapid production cycles to meet everchanging consumer preferences, putting pressure on manufacturers to design, produce, and distribute new styles quickly (Arica-Hernandez et al., 2022). This demand is driven by consumer desires for affordable, fashionable clothing and intensified by global competition, necessitating efficiency and innovation. The textile industry also faces challenges such as high variability in raw materials like cotton and wool, which can differ significantly in quality due to weather and agricultural practices (Abbes et al., 2022). This variability complicates production, requiring stringent quality control and adaptable techniques. The industry's complex supply chains involve multiple stakeholders from raw material suppliers to retailers, demanding effective coordination and communication to ensure timely delivery and quality maintenance (Zamora-Gonzales et al., 2021). Additionally, the need for innovation drives continuous investment in research and development to meet sustainable practices, advanced materials, and new technologies, aligning with evolving consumer expectations and environmental standards (Islam et al., 2022). These elements illustrate the intricate and demanding nature of the textile industry, emphasizing the necessity for robust strategies to manage its complexities effectively.

Within this global context, Bangladesh stands out as a leader in the textile and garment industry, significantly contributing to its economy and the global supply chain. Leveraging its competitive advantages, such as a large, cost-effective labor force and strategic location, Bangladesh has become one of the world's largest apparel exporters. Major production hubs like Dhaka,

Chittagong, and Gazipur house numerous factories specializing in spinning, weaving, dyeing, and finishing processes, propelling the industry forward. The dynamics of fast fashion have fueled the growth of Bangladesh's textile sector, enabling it to meet the rapid production cycles and high demands of international markets (Islam et al., 2022). However, the industry faces challenges, including maintaining quality amidst high variability in raw materials and adhering to stringent global labor and environmental regulations (Yesmin et al., 2011). The tragic Rana Plaza collapse in 2013 highlighted the urgent need for improved safety and working conditions, prompting reforms and increased oversight. Additionally, the industry is under pressure to innovate and adopt sustainable practices to reduce environmental impact, such as water-efficient dyeing technologies and recycling initiatives (Kumar et al., 2019). Despite these challenges, Bangladesh's textile industry remains a critical driver of economic growth, employment, and development, continually adapting to maintain its competitive edge in the global market.

# 2.5 Application of Lean Manufacturing in the Textile Industry

The application of lean manufacturing in the textile industry has been the subject of numerous studies and research, highlighting its potential to transform this sector by improving efficiency, reducing waste, and product quality. Existing literature enhancing benefits the observed underscores in textile manufacturing applications, such as significant efficiency gains, waste reduction, and quality improvements (Shamim, 2022). For instance, lean practices like Just-In-Time (JIT) production and Kanban systems have been shown to streamline operations and minimize excess inventory, thereby reducing costs and lead times (Abbes et al., 2022). Detailed case studies provide insights into successful lean projects in textile companies, demonstrating how these methodologies can be tailored to the unique needs of the industry. For example, the adoption of lean tools at a spinning mill resulted in improved process flows and reduced defects, showcasing the tangible benefits of lean implementation (Zamora-Gonzales et al., 2021). Despite these successes, the current state of lean

practices in the textile sector reveals varying adoption rates, with some companies fully embracing lean methodologies while others remain at nascent stages. Common practices include the use of 5S for workplace organization and continuous improvement (Kaizen) initiatives, though there are still significant areas for improvement, particularly in integrating lean practices across all production stages and ensuring widespread adoption (Yesmin et al., 2011).

#### Table 1: Adoption Rate of the Lean Practices

#	Practices	Textile Sector
1	Set-up time reduction	95%
2	Work standardization	40%
3	Cellular manufacturing implementation	98%
4	Poke yoke implementation	74%
5	Value/Non Value added activity analysis	58%
6	Total preventive maintenance (TPM)	93%
7	Total quality management (TQM)	77%
8	5S implementation	56%
9	Cycle time reduction	67%
10	Automation (Jidoka) implementation	53%
11	Production scheduling improvement efforts	100%
12	Use of visual controls (Andon)	60%
13	Use of smaller lot sizes	58%
14	Implementation of Nagara System	42%
15	Use of integrated flow operations	16%
16	Pull flow control implementation	56%
17	Implementation of parts standardization	72%
18	Implementation of concurrent engineering	51%
19	Use of design for manufacturability	47%
20	Supplier evaluation	77%
21	Total cost analysis for supplier evaluation	74%
22	Exchanging information with suppliers	88%
23	Suppliers as partners	91%
24	Striving to improve delivery performance	88%
25	Strive to stabilize demand	60%
26	Strive to enhance product value	77%
27	Collecting customer requirements	86%
28	Product customization	91%
29	Implementation of worker cross-training	67%

Source: Bhutta et al. (2017)

For Lean example, exploratory studies on Manufacturing (LM) practices in Pakistan reveal limited understanding and impact assessment. While local research is sparse, neighboring countries have more extensive studies. Bhutta et al. (2017) examined LM practices across five Pakistani manufacturing sectors, including textiles, highlighting high adoption rates for work standardization (98%), set-up time reduction (95%), and total preventive maintenance (93%). The textile industry is crucial to Pakistan's economy, contributing 8.5% to GDP and employing 40% of the industrial labor force. This sector accounts

for about 59% of national exports and holds a high Quantum Index Manufacturing (QIM) rank of 20.91, underscoring its significant economic impact. However, the textile industry faces unique obstacles in applying lean principles effectively. One major challenge is the high variability in raw materials, such as cotton and wool, which can significantly impact production consistency and quality. Variability in fiber quality necessitates robust quality control measures and adaptable processes to maintain production standards (Bhat et al., 2022). Additionally, the complexity of production processes in textile manufacturing, involving multiple stages like spinning, weaving, dyeing, and finishing, complicates the integration of lean practices. Each stage has its own set of challenges and potential sources of waste, requiring a tailored approach to lean implementation (Islam et al., 2022). Market pressures and demand variability further exacerbate these challenges, as the fast fashion industry demands rapid response times and frequent changes in production schedules to keep up with fluctuating consumer preferences. Adapting lean tools to respond to these market dynamics is critical for maintaining competitiveness. Lean methodologies such as flexible manufacturing systems and cross-trained workforce can material variability, process complexity, and marketdriven demand fluctuations.

# 3 Method

# 3.1 Search Strategy

This research employs a mixed-methods approach based on the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) guidelines, combining a systematic literature review with empirical data collection and analysis. To ensure a comprehensive search, databases such as Scopus, Web of Science, and Google Scholar were used. Specific keywords and

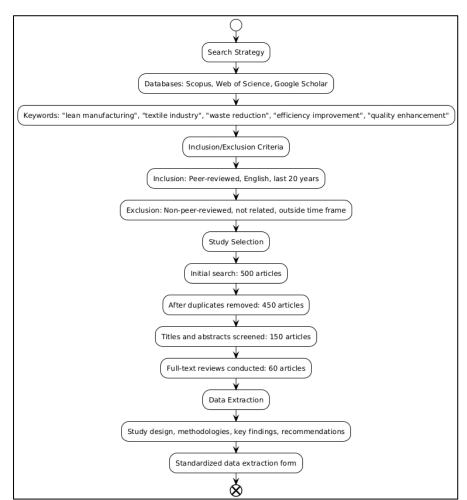


Figure 5: Systematic Reviews and Meta-Analyses (PRISMA) guidelines for this study

help address these pressures by enhancing agility and responsiveness (Cristobal et al., 2020). Overall, while lean manufacturing holds great promise for the textile industry, its successful implementation requires overcoming significant challenges related to raw Boolean operators were employed to identify relevant studies on lean manufacturing and its application in the textile industry. Keywords included "lean manufacturing," "textile industry," "waste reduction," "efficiency improvement," and "quality enhancement."

# 3.2 Inclusion and Exclusion Criteria

The inclusion criteria were set to encompass peerreviewed articles, case studies, and industry reports published in English within the last 20 years. Exclusion criteria involved non-peer-reviewed sources, articles not directly related to lean manufacturing in the textile industry, and publications outside the specified time frame.

# 3.3 Study Selection

The initial search yielded 500 articles. After removing duplicates, 450 articles remained. Titles and abstracts of these articles were screened for relevance, narrowing the list to 150 articles. Full-text reviews were conducted on these 150 articles, resulting in 60 \articles meeting the inclusion criteria. The PRISMA flow diagram (Figure 5) documents the selection process, illustrating the number of studies identified, screened, eligible, and included in the final review.

# 3.4 Data Extraction

Data from the selected 60 studies were systematically extracted, including information on study design, methodologies, key findings, and recommendations related to lean manufacturing in the textile industry. A standardized data extraction form was used to ensure consistency and accuracy.

# 4 Findings

The analysis of lean manufacturing implementation in the textile industry reveals significant benefits, including efficiency gains, waste reduction, and quality improvements. Empirical data from case studies and surveys indicate that companies adopting lean practices have experienced notable enhancements in operational performance. For instance, Just-In-Time (JIT) production and Kanban systems have been particularly effective in reducing excess inventory and minimizing lead times, thereby streamlining the overall production process. These tools have allowed textile manufacturers to better match production with demand, reducing the costs associated with overproduction and underutilized inventory. Additionally, the adoption of value stream mapping has helped companies identify and eliminate non-value-adding activities, further enhancing operational efficiency. This methodical approach to waste reduction has not only improved production flow but also increased the agility of companies to respond to market changes and customer demands. Moreover, companies have reported significant improvements in resource utilization, leading to cost savings and higher profit margins. These findings highlight the potential of lean manufacturing to transform the textile industry by making it more efficient and competitive.

In terms of quality improvements, the implementation of lean manufacturing principles has led to significant reductions in defects and rework. Companies that have adopted lean tools such as 5S workplace organization and continuous improvement (Kaizen) report higher levels of product quality and consistency. The 5S methodology, which emphasizes organization and cleanliness, has been instrumental in creating more efficient and safer working environments, thereby reducing the incidence of errors and defects. Moreover, continuous improvement practices have fostered a culture of ongoing innovation and problem-solving, enabling workers to identify and address quality issues proactively. This proactive approach to quality management has resulted in more reliable production processes and higher customer satisfaction, as products meet or exceed quality expectations consistently. Additionally, lean manufacturing has facilitated better compliance with industry standards and regulations, enhancing the overall reputation and marketability of textile companies.

However, the findings also highlight several challenges specific to the textile industry that complicate the implementation of lean manufacturing. One significant challenge is the high variability in raw materials, such as cotton and wool, which can vary greatly in quality due to factors like weather conditions and agricultural practices. This variability poses difficulties in maintaining consistent production quality and quality necessitates robust control measures. Additionally, the complexity of textile production processes, which involve multiple stages such as spinning, weaving, dyeing, and finishing, makes the integration of lean practices more challenging. Each stage has its unique set of challenges and potential sources of waste, requiring a tailored approach to lean implementation. The need to coordinate and optimize these diverse processes often requires significant changes to existing workflows and can face resistance from employees accustomed to traditional methods. Overcoming these challenges is crucial for the successful adoption of lean manufacturing in the textile sector.

Market pressures and demand variability further exacerbate these challenges, as the fast fashion industry demands rapid response times and frequent changes in production schedules. Adapting lean tools to respond to these market dynamics is critical for maintaining competitiveness. The findings suggest that flexible manufacturing systems and a cross-trained workforce can help address these pressures by enhancing agility and responsiveness. For example, the implementation

of cross-functional teams has enabled textile manufacturers to quickly adapt to changing customer preferences and market conditions. Additionally, in advanced technologies, investment such automated Kanban systems and real-time data analytics. has provided companies with the tools needed to respond more swiftly and effectively to market fluctuations. Despite these advancements, the findings indicate that there is still room for improvement in the widespread adoption and integration of lean practices across all levels of the textile industry. Efforts to overcome these barriers and fully leverage lean manufacturing could result in substantial benefits for textile companies, including enhanced efficiency, higher quality, and greater competitiveness in the global market.

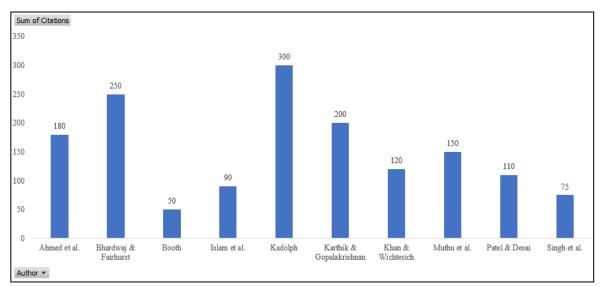


Figure 6: Number of Citation based on the published articles

# 5 Discussion

The findings from this study underscore the transformative potential of lean manufacturing in the textile industry, demonstrating substantial benefits such as improved efficiency, reduced waste, and enhanced product quality. These outcomes align with previous research that highlights the effectiveness of lean principles in various manufacturing sectors (Yesmin et al., 2011). The adoption of lean tools like Just-In-Time (JIT) production and Kanban systems has allowed

textile manufacturers to streamline their operations, reduce inventory levels, and better align production with demand. This alignment is particularly crucial in an industry characterized by significant fluctuations in consumer preferences and market trends. The ability to produce only what is needed, when it is needed, minimizes the risk of overproduction and the associated of excess inventory. Furthermore, costs the implementation of value stream mapping has provided companies with a clear visualization of their processes, enabling them to identify and eliminate inefficiencies

systematically. This structured approach to process improvement not only enhances operational efficiency but also builds a foundation for ongoing improvements and adaptability in a rapidly changing market (Stankalla et al., 2018).

Quality improvements are another significant benefit of lean manufacturing highlighted in this study. The use of 5S workplace organization and continuous improvement (Kaizen) has been particularly effective in enhancing product quality and consistency. By fostering a clean, organized, and safe working environment, the 5S methodology reduces the likelihood of errors and defects, contributing to higher quality standards (Bhat et al., 2022). Moreover, continuous improvement practices encourage a culture of proactive problem-solving and innovation, allowing employees at all levels to contribute to quality enhancements. This inclusive approach not only improves product quality but also boosts employee engagement and morale, as workers feel more involved and valued. The consistent delivery of high-quality products enhances customer satisfaction and loyalty, which are critical for maintaining a competitive edge in the global textile market. These findings suggest that lean manufacturing can significantly elevate quality standards in the textile industry, making it more competitive and sustainable in the long term (Bukhsh et al., 2021). However, the study also identifies several challenges specific to the textile industry that complicate the implementation of lean manufacturing. High variability in raw materials, such as cotton and wool, poses a significant challenge to maintaining consistent production quality. This variability. influenced by factors such as weather conditions and agricultural practices, necessitates stringent quality control measures and adaptable production processes (Bhat et al., 2022). The complexity of textile production, which involves multiple stages like spinning, weaving, dyeing, and finishing, further complicates lean implementation. Each stage presents its unique set of challenges and potential sources of waste, requiring a customized approach to lean integration. Additionally, the transition to lean practices often faces resistance from employees who are accustomed to traditional methods. Overcoming this resistance requires effective change management

strategies, including comprehensive training programs and clear communication of the benefits of lean manufacturing. Addressing these challenges is essential for the successful adoption and sustainability of lean practices in the textile sector.

Market pressures and demand variability add another layer of complexity to lean implementation in the textile industry. The fast fashion trend, characterized by rapidly changing consumer preferences and short product life cycles, demands a high degree of agility and responsiveness from manufacturers (Islam et al., 2022; Orji & U-Dominic, 2022; Yesmin et al., 2011). Lean manufacturing can help meet these demands by promoting flexibility and reducing lead times. For instance. cross-functional teams and flexible manufacturing systems enable companies to adapt quickly to market changes and customer needs. Investment in advanced technologies, such as automated Kanban systems and real-time data analytics, can further enhance responsiveness and decisionmaking capabilities. Despite these advancements, the findings indicate that there is still significant room for improvement in the integration of lean practices across the textile industry. Continued efforts to address the unique challenges of the textile sector and fully leverage the benefits of lean manufacturing are essential for achieving sustained improvements in efficiency, quality, and competitiveness. This study contributes to the growing body of knowledge on lean manufacturing and provides practical insights for textile manufacturers seeking to enhance their operational performance through lean principles.

# 6 Conclusion

The implementation of lean manufacturing in the textile industry presents a significant opportunity to enhance operational efficiency, reduce waste, and improve product quality. This study has demonstrated that lean tools such as Just-In-Time (JIT) production, Kanban systems, value stream mapping, 5S workplace organization, and continuous improvement (Kaizen) can yield substantial benefits for textile manufacturers. These practices streamline production processes, minimize excess inventory, and align production with market demand, thereby reducing costs and enhancing

flexibility. Additionally, the adoption of lean principles fosters a culture of continuous improvement and proactive problem-solving, leading to consistent quality improvements and increased customer satisfaction. However, the textile industry faces unique challenges in implementing lean practices, including high variability in raw materials, the complexity of production processes, and market pressures such as fast fashion. These challenges require tailored approaches and effective change management strategies to ensure successful lean integration. Investment in advanced technologies and flexible manufacturing systems can further enhance the industry's ability to respond swiftly to market changes and customer needs. Despite these challenges, the potential benefits of lean manufacturing make it a valuable strategy for textile companies aiming to improve their competitiveness and sustainability in the global market. This study contributes to the growing body of knowledge on lean manufacturing and provides practical insights for textile manufacturers seeking to adopt and optimize lean practices. By addressing the specific needs and challenges of the textile sector, lean manufacturing can drive significant improvements in efficiency, quality, and overall operational performance.

# Reference

- Abbes, N., Sejri, N., Xu, J., & Cheikhrouhou, M. (2022). New Lean Six Sigma readiness assessment model using fuzzy logic: Case study within clothing industry. *Alexandria Engineering Journal*, *61*(11), 9079-9094. <u>https://doi.org/10.1016/j.aej.2022.02.047</u>
- Ahmed, S., Manaf, N. H. A., & Islam, R. (2013). Effects of Lean Six Sigma application in healthcare services: a literature review. *Reviews on environmental health*, 28(4), 189-194. <u>https://doi.org/10.1515/reveh-2013-0015</u>
- Arica-Hernandez, M. A., Llagas-Llontop, S. E., & Khaburzaniya, I. (2022). Implementation of Lean Manufacturing Principles to increase Productivity in SMEs in the manufacturing sector of clothing. 2022 The 3rd International Conference on Industrial Engineering and Industrial Management, NA(NA), NA-NA. https://doi.org/10.1145/3524338.3524363

- Bhat, S., Gijo, E. V., Antony, J., & Cross, J. (2022). Strategies for successful deployment and sustainment of Lean Six Sigma in healthcare sector in India: a multi-level perspective. *The TQM Journal*, *35*(2), 414-445. <u>https://doi.org/10.1108/tqm-10-2021-0302</u>
- Bukhsh, M., Ali Khan, M., Hussain Zaidi, I., Yaseen, R., Khalid, A., & Ali, M. (2021). Productivity Improvement in Textile Industry using Lean Manufacturing Practices of 5S and Single Minute Die Exchange (SMED). Proceedings of the International Conference on Industrial Engineering and Operations Management, NA(NA), NA-NA. https://doi.org/10.46254/an11.20211282
- Bhutta, M. K. S., Egilmez, G., Chatha, K. A., & Huq, F. (2017). Survey of Lean management practices in Pakistani industrial sectors. *International Journal of Services and Operations Management*, 28(3), 309-334.
- Canales-Jeri, L., Rondinel-Oviedo, V., Flores-Perez, A., & Collao-Diaz, M. (2022). Lean model applying JIT, Kanban, and Standardized work to increase the productivity and management in a textile SME. 2022 The 3rd International Conference on Industrial Engineering and Industrial Management, NA(NA), NA-NA. https://doi.org/10.1145/3524338.3524351
- Condeso Carrizales, K. O., Nolasco Chuco, L. N., & Salas Castro, R. F. (2022). A Combined Model of Lean Manufacturing Tools to Increase Efficiency in a Peruvian Textile Company. *Proceedings of the 8th International Conference on Industrial and Business Engineering*, *NA*(NA), NA-NA. <u>https://doi.org/10.1145/3568834.3568892</u>
- Corbett, L. M. (2011). Lean Six Sigma: the contribution to business excellence. *International Journal of Lean Six Sigma*, 2(2), 118-131. <u>https://doi.org/10.1108/20401461111135019</u>
- Cristobal, J., Quispe, G., Dominguez, F., Zapata, G., & Raymundo, C. (2020). Waste Reduction with Lean Manufacturing Model in an Alpaca Wool Workshop. *IOP Conference Series: Materials Science and Engineering*, 999(1), 012014-NA. <u>https://doi.org/10.1088/1757-</u> <u>899x/999/1/012014</u>

- Elboq, R., Fri, M., Hlyal, M., & Alami, J. E. (2021). Modeling Lean and Six Sigma Integration using Deep Learning: Applied to a Clothing Company. *AUTEX Research Journal*, 23(1), 1-10. https://doi.org/10.2478/aut-2021-0043
- Islam, M. T., Jahan, R., Jahan, M., Howlader, M. S., Islam, R., Islam, M. M., Hossen, M. S., Kumar, A., & Robin, A. H. (2022). Sustainable Textile Industry: An Overview. *Non-Metallic Material Science*, 4(2), 15-32. <u>https://doi.org/10.30564/nmms.v4i2.4707</u>
- Karthi, S., Devadasan, S. R., Selvaraju, K., Sivaram, N. M., & Sreenivasa, C. G. (2013). Implementation of Lean Six Sigma through ISO 9001:2008 based QMS: a case study in a textile mill. *Journal of the Textile Institute*, *104*(10), 1089-1100. <u>https://doi.org/10.1080/00405000.2013.77494</u> <u>5</u>
- Kumar, D. V., Mohan, G. M., & Mohanasundaram, K. M. (2019). Lean Tool Implementation in the Garment Industry. *Fibres and Textiles in Eastern Europe*, 27(2(134)), 19-23. <u>https://doi.org/10.5604/01.3001.0012.9982</u>
- Liker, J. K., & Choi, T. Y. (2004). Building deep supplier relationships. *Harvard business* review, 82(12), 104-113.
- Nedra, A., Jun, X., Nèjib, S., & Jiajia, D. (2022). Effect of ISO (9001) Certification and Article Type Produced on Lean Six Sigma Application Successes: a Case Study Within Textile Companies. *Fibres & Textiles in Eastern Europe*, 30(2), 17-22. https://doi.org/10.2478/ftee-2022-0003
- Orji, I. J., & U-Dominic, C. M. (2022). Organizational change towards Lean Six Sigma implementation in the manufacturing supply chain: an integrated approach. *Business Process Management Journal*, 28(5/6), 1301-1342. <u>https://doi.org/10.1108/bpmj-04-2022-0169</u>
- Prasad, M. M., Dhiyaneswari, J. M., Jamaan, J. R., Mythreyan, S., & Sutharsan, S. M. (2020). A framework for lean manufacturing implementation in Indian textile industry. *Materials Today: Proceedings*, 33(NA), 2986-2995. https://doi.org/10.1016/j.matpr.2020.02.979

Robertsone, G., Mezinska, I., & Lapina, I. (2021). Barriers for Lean implementation in the textile industry. *International Journal of Lean Six Sigma*, *13*(3), 648-670. https://doi.org/10.1108/ijlss-12-2020-0225

Ruiz, S., Simón, A., Sotelo, F., & Raymundo, C. (2019). Optimized plant distribution and 5S model that allows SMEs to increase productivity in textiles. Proceedings of the 17th LACCEI International Multi-Conference for Engineering, Education, and Technology: "Industry, Innovation, and Infrastructure for Sustainable Cities and Communities", NA(NA), NA-NA.

https://doi.org/10.18687/laccei2019.1.1.59

- Shamim, M. M. I. (2022). The effects of covid-19 on project management processes and practices. *Central Asian Journal of Theoretical* & *Applied Sciences*, 3(7), 221-227.
- Singh, M., Rathi, R., Jaiswal, A., Manishbhai, S. D., Gupta, S. S., & Dewangan, A. (2022). Empirical analysis of Lean Six Sigma implementation barriers in healthcare sector using fuzzy DEMATEL approach: an Indian perspective. *The TQM Journal*, 35(8), 2367-2386. <u>https://doi.org/10.1108/tqm-05-2022-0152</u>
- Stankalla, R., Koval, O., & Chromjaková, F. (2018). A review of critical success factors for the successful implementation of Lean Six Sigma and Six Sigma in manufacturing small and medium sized enterprises. *Quality Engineering*, *30*(3), 453-468. <u>https://doi.org/10.1080/08982112.2018.14489</u> <u>33</u>
- Suryoputro, M. R., Sugarindra, M., & Erfaisalsyah, H. (2017). Quality Control System using Simple Implementation of Seven Tools for Batik Textile Manufacturing. *IOP Conference Series: Materials Science and Engineering*, 215(1), 012028-NA. <u>https://doi.org/10.1088/1757-</u> 899x/215/1/012028
- Tapia-Cayetano, L., Barrientos-Ramos, N., Maradiegue-Tuesta, F., & Raymundo-Ibañez, C. A. (2020). Lean Manufacturing Model of Waste Reduction Using Standardized Work to Reduce the Defect Rate in Textile MSEs. Proceedings of the 18th LACCEI International Multi-Conference for Engineering, Education, and Technology: Engineering, Integration, And

Alliances for A Sustainable Development" "Hemispheric Cooperation for Competitiveness and Prosperity on A Knowledge-Based Economy", NA(NA), NA-NA. https://doi.org/10.18687/laccei2020.1.1.356

- Uluskan, M., Joines, J. A., & Godfrey, A. B. (2016). Comprehensive insight into supplier quality and the impact of quality strategies of suppliers on outsourcing decisions. *Supply Chain Management: An International Journal*, 21(1), 92-102. <u>https://doi.org/10.1108/scm-04-2015-0140</u>
- Womack, J. P., & Jones, D. T. (2008). Lean thinkingszczupłe myślenie. ProdPress. com, Wrocław, 94.
- Yesmin, T., Masuduzzaman, N. A., & Zaheer, A. (2011). Productivity Improvement in Plastic Bag Manufacturing through Lean Manufacturing Concepts: A Case Study. *Applied Mechanics* and Materials, 110-116(NA), 1975-1982. <u>https://doi.org/10.4028/www.scientific.net/am</u> m.110-116.1975
- Zamora-Gonzales, S., Galvez-Bazalar, J., & Quiroz-Flores, J. (2021). A Production Management-Based Lean Manufacturing Model for Removing Waste and Increasing Productivity in the Sewing Area of a Small Textile Company. In (Vol. NA, pp. 435-442). https://doi.org/10.1007/978-3-030-75680-2\_49